

Dink Quest - First-Time Pickleball Player Checklist (UK)

- Find a local club near you (start with your local leisure centre or community hall)
- Attend a beginner-friendly session or taster class
- Borrow a paddle or bring a beginner paddle if you have one
- Wear proper court shoes (non-marking, supportive)
- Bring a water bottle and small towel
- Familiarise yourself with basic rules (scoring, non-volley zone, serve rules)
- Watch a short tutorial video before your first game
- Introduce yourself and ask for help - UK clubs are very welcoming!
- Try different partners to build confidence and learn faster
- Most of all, have fun and don't stress - everyone starts somewhere!